

Date	13 th October 2019 at 10:30am.
Location	West Wood Gym, Clontarf Road, Clontarf, Dublin 3.

Meeting Objective	Club AGM 2019
--------------------------	---------------

Committee members in attendance:

Paul O'Donovan (Chairman)	Claire Gorman (Club Secretary)	Stephen Eustace (Treasurer)	Killian Nolan (Training co-ordinator)
Dara Lawlor (Marketing)	Susan Wylie and Sinead Plunkett (Social)	Marlon Major and Nora Gallagher (New to Tri)	
Apologies:	Enda Marren (Membership)	Niall McDonnell (New to Tri)	

Club members in attendance:

Hannah Gibney	Roisin Pakenham	Cathal O'Sullivan	Steven Moody
Maura Ormiston	John Clarke	Adele Hall	Maura Dinee
Simon O'Regan	Brian Stanley	Helen Dowdall	Patricia Eadie
Siobhan Forman	John Lyons	Audrey Phelan	Pat Linehan
Adam Goslin	Niall O'Flynn	Sean Walsh	Lucy Macauley
Gareth Williams	Barry McIntyre	Andreea O'Brien	Fionnuala Ni Bhroin
Muiriosa Ryan	Deirdre O'Grady	John Kearney	Sean McCullagh
Declan Connolly	Eimear McHugh-Dooley	Richie Dooley	

1. Introduction

Chairman introduction by Paul O'Donovan - thanks to committee and captains, to members for good attendance to the AGM.

2. Membership (Enda Marren – delivered by Paul O'Donovan in his absence)

Enda provided a summary of the club's membership:

- Closed for 2019, will be open in November.
- Improvements to fob, Westwood dealings - thanks to Marlon.
- 290 members - record number.
- One-third new.

- Challenges for capacity - Killian and Dave have hit 'sweet spot' with swim numbers
- Changed to TI last year - very successful
- 34:66 female:male members. Want to see that being evened out - women's lead provided for in new constitution
- DCT bump in membership/during summer

3. Marketing (Dara Lawlor)

Dara provided a summary of the club's marketing:

- 44 posts to website.
- 671 followers on Instagram - thanks to Roisin Pakenham.
- Dara's approach was more communications-focused with RP doing the social element .
- Facebook/Twitter - security/how engage - look at different ways of communicating?
- Eight race reports - will be voted on best one for awards night.
- Whatsapp primary way of communicating.

4. New to Tri (Nora Gallagher, Niall McDonnell and Marlon Major)

Nora and Marlon provided a summary of the club's New to Tri programme over the last year:

- New to Tri programme continued as last year.
- **Highlights:** Monday evening coffees, open water swim at Clontarf Baths, transition sessions, John Clarke bike maintenance, nights out, relay race for new joiners.
- **NTT survey:**
 - 59 respondents, 10 questions.
 - TI and friends were the main source of hearing about the club.
 - High level of satisfaction, one person somewhat dissatisfied.
 - 100% agreed PTC friendly/welcoming.
 - Gear issues in previous year, new approach this year and people satisfied.
 - Asked for suggestions for how to improve the NTT programme - more nights out suggested.

5. Training (Killian Nolan)

Killian provided a summary of the club's training programme over the last year:

- Continued programme from previous years with some changes.
- **Training talk at beginning of season:** Bryan McCrystal and Sharon Madigan. Good time of year to do it. Great feedback on Sharon from previous year so wanted to get her back. Bryan also a draw for members. Will look to do same early next season. Killian asked for people to send ideas if they have proposals for what they would like to have.
- **Easter weekend in Waterford:** New location from past three years. Cathal O'Sullivan took lead on training programme, assisted by Dave O'Shea. Excellent feedback on the weekend. Issue with capacity - too popular almost! Looking to increase capacity so more can attend 2020 camp. Will be arranged by Cathal again next Easter. Helps people to bond, more new members there than previous years which was good.
- **Change in swim coaches:** Kris finishing and Mark Waters replaced him. Difficult change for some but excellent feedback on Mark's coaching on Sunday and Monday evenings. Mark has also taken sessions where other swim coaches are absent.
- **Transition and open water swim training:** Crossover with NTT on this.
- No plans to change training plan. Capacity issues can be expected in January/February in the pool but this year wasn't as bad as previous years. This will continue to be monitored.

- S&C course by Adam Goslin at The Edge - six week block in coming weeks. Subsidised by club.
- **Captains:**
 - Swim: Dave O'Shea staying as swim captain, November swim challenge will be done again this year.
 - Bike: John Kearney and Trish Eadie are also staying as bike captains. Excellent job this year. Tough trying to get cycle leads each week, finding routes. Thanked for this. Previously Wed and Thurs sessions turbo - Sandymount and Sutton - not great numbers so one a week this year each Monday in Clontarf. Should be well attended. Casso will be coaching. Andy Kenny will be arranged again by John. Communication expected soon.
 - Run: Shane Gavin stepping down, Ciara Kilroy replacing. Ciara is a regular at track, great face for run section of the club. Shane did great job.

6. Social and Gear (Susan Wylie and Sinead Plunkett)

- Importance of social sessions.
- Kicked off last year with Christmas drinks.
- New to Tri night in February.
- Coffee morning after transition training.
- Quiz night at training camp.
- DCT post-race BBQ.
- End of season soiree at Clontarf Baths.
- Piranha awards night November 9, Iveagh Gardens. Tickets on sale in next few days. Book ASAP as limited tickets.

7. Treasurer's Report (Stephen Eustace)

- October 1 - September 30 is financial year. Agree on budget 2020 in next few weeks with feedback from members.
- Budgeted for 260 members this year going on previous years. 290 members so revenue has increased. Income deferred as TI membership based on calendar year.
- DCT €20-22k expected each year, €27.5k profit this year. This year's race director John Wallnutt absent but sent message thanking members for their help, wished best of luck to Aidan Hughes, Mags Wallnutt and Marie Moran for DCT 2020. John and Aidan Hughes thanked for DCT success this year.
- Put extra funds into Irish training camp and this should be increased next year.
- Increased for social events.
- Previously had to buy Velo stock. John Wallnutt cleared old stock on break-even basis. Increased subsidy on gear proposed so new members can purchase.
- Gazebo purchased.
- Aimed to make small loss with budget of €8k but made profit of €2k. €80k approx. in club account.
- Less money spent on training talk than last year, no one went to Kona – accounted for some reduction in outgoings.
- 2020 plan to run on break-even basis.
- DCT profitability dependent on sponsorship income, likely to have Vodafone again.
- Increase funding for Irish camp, new gear, social events. Scope for funding based on member suggestions.

8. National Series (Siobhan Forman and Ross Condy)

Siobhan provided a summary of the club's performance in the 2019 National Series:

- Picked club races based on best scoring.
- 23 men completed four races to qualify for National Series, 15 women completed four.

- Injury caused some to do two or three. Some did one race - mainly due to NTT or being a social member.
- 74 men, 48 female completed races.
- Adam Goslin did 11 of 18 races!
- Westport weekend away useful for social purposes.
- **Achievements:**
 - Team championships hat trick again.
 - Five AG podiums.
 - Becky Woods third female overall.
- National Series is very competitive, gives club a good name but also challenges people individually. Aim to continue to push to do the National Series. Aim to link in more with NTT on committee and ensure any talent do four races.

National Series Co-Ordinators for 2020 season

It was noted that Siobhan Forman and Ross Condy will stay on.

9. New constitution

- Motion to amend the constitution which sets out rules and ethos of club, guides committee.
- Needs to be updated as hasn't been changed in many years. Doesn't support size of club or committee. Code of conduct/disciplinary procedure not clear.
- Criteria for junior members correct.
- New code of conduct and disciplinary procedure worked on with TI.
- Eligibility for under 18 to join with correct safeguards, procedures in place. No demand for junior section, not setting that up. Want to provide for 16-17 year olds that want to join.
- New roles provided for: New to Tri, children's and women's lead officers.
- Invited questions on it.
 - Trish Eadie: Concern regarding coaches getting vetted which will be done. Should be in place already but could be exceptions. Level 1 coaches will have completed it.
 - Stephen Eustace: Pointed out we are following other clubs and probably behind in this respect, brings us in line with other clubs.
- Voted in unanimously.

10. Club committee nominations

The following positions were confirmed at the meeting:

Committee role	Nominee(s)
Chairman	Paul O'Donovan
Treasurer	Susan Wylie
Club Secretary	Nora Gallagher
Marketing	Roisin Pakenham
Membership	Enda Marren
New to Tri	Marlon Major and Hannah Gibney
Social	Sinead Plunkett, Maura Ormiston and Adele Hall
Training Coordinator	Killian Nolan

11. AOB

- **Announcements (by Paul O'Donovan):**

- **Lifetime honorary member Steven Moody:** In club 15+ years, several committee roles over the years, run as chairman, people like this are the 'fabric of the club'. Steven Moody nominated by committee. Fastest club Ironman this year. Speech by SM: Has made lifetime friends, started when it was 50 members and called Tsunami. Encouraged people to get involved.
- **Piranha Super Saturday:** November 9 - memorial run in St Anne's Park, awards night.
- **DCT:** August 22, 2020.
- **Questions**
 - Killian Nolan: Finances are in good shape, money to spend on events. Members can shape the direction of the club. Not trying to make a profit, want to spend the money we receive.
 - Stephen Eustace: Asked for feedback for people for the talk, who interesting. Steven Moody: Can be selfish and suggest things that you need and other may too.
 - Cathal O'Sullivan: Encouraged members to use club subsidy for AG races to represent Ireland. Siobhan Forman: AG committee for international races to encourage people? Cathal happy to get involved in that.
 - Marlon Major: Asked new members for ideas and said welcome to message him directly about it if don't want to ask at the meeting. NTT can help point you in the right direction to achieve your goals.
 - Sean Walsh: Clontarf Baths swims good initiative and the handicap open water swim should be earlier in the season – agreed.
 - Siobhan Forman: Role for Piranha to take on a National Series duathlon? Good for training new members. Paul O'Donovan: Can look into it if someone happy to own it. Could have club duathlon instead, similar to TT series.
 - Simon O'Regan: Is it possible to get extra track session during the week? Tuesday is at UCD, not track. Session at Santry? Paul O'Donovan invited him to check availability there. Killian Nolan: Capacity limited on Irishtown track, Crusaders have premium time slots. Gareth Williams: New track being built in UCD. Killian Nolan: Tues/Thurs offer variance in training. Extra track session might not suit coaching for Maria/Gary. People meet Tues at Clontarf and follow UCD session. Attendance can vary. Paul O'Donovan: Possible session at Santry Thurs evening. Siobhan Forman: Select once a month Parkrun. Ciara had suggested this. Fairview Parkrun is next door to swim session.
 - Cathal O'Sullivan: Swim suggestion - coordinate between coaches different sessions. Weekly update to know what planned for each day. Killian Nolan tried to negotiate with this earlier in the season. Difficulty that not everyone goes to all of the sessions. Cathal O'Sullivan: Asked that people are told what it's going to be. Killian Nolan: Coaches sent NS plan this year. Ewa and Niall worked around that. Would allow people to plan training better - Killian Nolan will look into that. Paul O'Donovan: Plan will also depend on numbers that turn up. May be changed if pool very full.
 - Adam Goslin: How to give feedback on how Triathlon Ireland (TI) is run? No Super Series this year. Could we send feedback to TI? Survey sent by TI. Bernard Hanratty is TI board member. Paul O'Donovan will speak to Adam. Encouraged people to go to AGM of TI - good forum to do it.
 - Hannah Gibney: Recommended signing up for technical official course with TI. Invited people to come to speak to her as TI will be looking for people in January.
 - Gareth Williams: Are people happy with gear? Stephen Eustace: Survey showed people satisfied. No feedback so assumed to be good.
 - Sinead Plunkett: Thanked Paul O'Donovan on behalf of committee.
 - Paul O'Donovan: Women's lead will be nominated from committee, children's officer will be Hannah Gibney.